

- ❑ Matthew 6.13
- ❑ Luke 3.21-22
- ❑ Acts 13.2
- ❑ Mark 11.25
- ❑ Job 42.10

READING AND WRITING PRAYERS

Here is a list of 5 powerful prayers from the Bible. There are many more in the Bible. As you read each one of these pay attention to their simplicity and their purpose. After you have read each one rewrite it applying it to your life. Writing out your prayers is a good practice. It allows you to focus and to evaluate your prayers. They are also a strong source to read later to refresh and remind you of what God has done in your life.

What is the key focus of each prayer? How does each prayer help you with your own prayer life?

- ❑ *The Prayer of Jabez—1 Chronicles 4.10*
- ❑ *The Lord's Prayer—Matthew 6.9-13*
- ❑ *The Prayer of Jonah for Salvation—Johan 2.2-9*
- ❑ *The Prayer of David for Deliverance—Psalm 3*
- ❑ *The Prayer of Praise by Hannah - 1 Samuel 2.1-10*

As part of the Armor of God “pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.”

1. <https://www.thegospelcoalition.org/article/9-things-you-should-know-about-prayer-in-the-bible1/> Accessed November 7, 2017



MORE THAN YOU THINK

Often when people read the sections dealing with the Armor of God they stop after verse 17 as if that was the full or whole armor of God. Read this section again and see where the Armor of God ends.

THE FULL ARMOR OF GOD

[10] Finally, be strong in the Lord and in his mighty power. [11] Put on the full armor of God so that you can take your stand against the devil's schemes. [12] For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. [13] Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. [14] Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, [15] and with your feet fitted with the readiness that comes from the gospel of peace. [16] In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. [17] Take the helmet of salvation and the sword of the Spirit, which is the word of God. [18] And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

[19] Pray also for me, that whenever I open my mouth, words may be given me so that I will fearlessly make known the mystery of the gospel, [20] for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

Ephesians 6.10-20

MORE THAN YOU THINK

List the seven elements of the Armor of God and briefly describe why each one is important to the believer in their struggle against evil.

1. _____: _____

2. _____: _____

3. _____: _____

4. _____: _____

5. _____: _____

6. _____: _____

7. _____: _____

- Which one of these is not usually included in the list?
- Do you know how many prayers are mentioned in the Bible (and how many were answered)? Here's the answer to that question and other things you should know about the prayer in the Bible. ¹
 1. There are 650 prayers listed in the Bible.
 2. There are approximately 450 recorded answers to prayer in the Bible.
 3. The first time prayer is mentioned in the Bible is Genesis 4:26 (earlier dialogues were initiated directly by God, e.g., Genesis 3:8-13, Genesis 4:9).
 4. The Bible records Jesus praying 25 different times during his earthly ministry.

- 3 John 1.2
- Luke 11.13
- Psalm 19.14
- Psalm 143.1
- Matthew 5.44
- John 17.24
- Acts 13.3
- Luke 9.16-17
- Psalm 101.2
- John 17.26
- Daniel 2.23
- James 5.14-15
- Matthew 26.41
- Matthew 6.12
- 1 Peter 3.12
- Psalm 34.6
- Acts 12.5
- 2 Kings 20.5

- Psalm 18.6
- 1 John 5.15
- James 5.16
- James 1.6
- Luke 6.27-28
- Acts 16.25
- Acts 1.14
- 1 Peter 4.7
- John 15.16
- Psalm 66.17
- James 4.2
- John 14.13
- Romans 8.16
- Matthew 21.22
- Psalm 118.5
- Psalm 5.3
- Philippians .19
- Psalm 42.8

5. In the Bible, Paul mentions prayer (prayers, prayer reports, prayer requests, exhortations to pray), 41 times.
6. Although prayer can (and should) be done from any bodily position, the Bible lists five specific postures: Sitting (2 Sam 7:18), standing (Mark 11:25), kneeling (Chronicles 6:13; Daniel 6:10; Luke 22:41; Acts 7:60, 9:40, 20:36, 21:5; Ephesians 3:14), with one's face to the ground (Matthew 26:39; Mark 14:35), and with hands lifted up (1 Timothy 2:8).
7. In Jesus model for how his disciples should pray (Luke 11:1-4), he provides five areas of focus: That God's name be honored – the focus on his everlasting glory (“Father, hallowed be your name”); that God's kingdom come – the focus on his eternal will (“your kingdom come”); that God's provision is given – the focus on our present (“Give us each day our daily bread.”); that God's forgiveness is granted – the focus on our past (Forgive us our sins, for we also forgive everyone who sins against us.); that God's deliverance will be provided – the focus on our future.
8. The Bible lists at least nine main types of prayer: prayer of faith (James 5:15), prayer of agreement (also known as corporate prayer) (Acts 2:42), prayer of request (also known as petition or supplication) (Philippians 4:6), prayer of thanksgiving (Psalm 95:2-3), prayer of worship (Acts 13:2-3), prayer of consecration (also known as dedication) (Matthew 26:39), prayer of intercession (1 Timothy 2:1), prayer of imprecation (Psalms 69), and praying in the Spirit (1 Corinthians 14:14-15).
9. The word “Amen” (which means “let it be, “so be it,” “verily,” “truly”) makes its first appearance in the Bible in Numbers 5:22. In that passage God commands it to be said by a person who is yielding to his examination.

TYPES OF PRAYER

Paul said we are to “*pray in the Spirit on all occasions with all kinds of prayers and requests.*” Here are a list of how some have defined types of prayer. It is not important that you know what types of prayer there are as much as that you learn to pray on “*all occasions.*” The list below is not complete. You may have others you want to add to the list as you study prayer. How are each of the following types of prayer important to the Christian believer and to the church when they meet together?

- Prayer of Faith: See James 5.15

- Prayer of AGREEMENT (Corporate or Shared prayer) see Acts 1.14 & Acts 2.42

- Prayer of SUPPLICATION (Request) See Philippians 4.6, Ephesians 6.18

- Prayer of THANKSGIVING See Philippians 4.6 & 1 Thessalonians 5.16-17

- Prayer of WORSHIP see Acts 13.2-3

- Prayer of CONSECRATION see Matthew 26.39

- Prayer of INTERCESSION see 1 Timothy 2.1 & John 17

- Prayer of IMPRECATION (for God’s judgment and intervention) see Psalms 7, 55, 69 (see also Matthew 5.44-48 where Jesus helps us to be careful with such prayers.)

- Prayer in the SPIRIT 1 Corinthians 14.14-15

- Prayer of ANGUISH see Romans 8.26-27

- Prayer of ADORATION see Psalm 111.1-4

- Prayer of CONFESSION see 1 John 1.9 & James 5.16

- Prayer of PROTECTION see John 17.15

MORE THAN YOU THINK

Here is a list of Bible verse about prayer. How does each verse help you understand Prayer and its importance to both you and God? How is each one part of the Armor of God?

- Philippians 4.6-7

- 1 John 5.14

- Colossians 4.2

- Mark 11.24

- Jeremiah 29.12

- Romans 12.12

- Matthew 6.7

- Psalm 145.18

- Jeremiah 33.3

- Matthew 18.20

- Hebrews 4.16

- Matthew 6.6