

**7. Is it \_\_\_\_\_ or \_\_\_\_\_**  
**The choice is yours**

Read Philippians 2.13

Application: **View life as a \_\_\_\_\_ from God.**

This applies to both the \_\_\_\_\_ and the \_\_\_\_\_.

God has a plan for your life.

**LEAVE THE \_\_\_\_\_ ON YOUR LIFE!**

We shall not all sleep, but we shall all be \_\_\_\_\_,

1 Cor. 15.51

Additional Notes:

LIVING A **POSITIVE** LIFE IN A **NEGATIVE** WORLD  
*(The Power of Change)*



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**10 Tips For Getting 'Happier' in 60 Seconds**  
**(Or Less) by Gretchen Rubin :**

1. MAKE YOUR \_\_\_\_\_.
2. \_\_\_\_\_ THE ROSES—OR SOMETHING ELSE NICE.
3. FOLLOW THE " \_\_\_\_\_ - \_\_\_\_\_ RULE."
4. SET AN \_\_\_\_\_ — AND NOT JUST FOR WAKING UP.
5. DON'T LIKE A BOOK? \_\_\_\_\_ READING IT.
6. TAKE ONE THING \_\_\_\_\_ YOU.
7. \_\_\_\_\_ TO AN UPBEAT SONG.
8. \_\_\_\_\_ UP AND DOWN.
9. \_\_\_\_\_ SOMEONE YOU LOVE.
10. MAKE SOME " \_\_\_\_\_ - \_\_\_\_\_ RULES."

**Attitude and Change = (-) or (+) in Your life**

Read 2 Corinthians 3.12-18

**Check Your Attitude toward Change**

" \_\_\_\_\_ change, at \_\_\_\_\_ time, for \_\_\_\_\_ reason, is to be deplored." The Duke of Cambridge (late 1800s).

Some people will change when they see the \_\_\_\_\_.

Others change only when they feel the \_\_\_\_\_.

Traditional.

“Be not angry that you cannot make \_\_\_\_\_ as you wish them to be, since you cannot make \_\_\_\_\_ as you wish to be.”

Thomas a’ Kempis

“Everybody thinks of changing Humanity and Nobody thinks of changing \_\_\_\_\_.” L. Tolstoy.

### **Understanding The need for Change**

“Everything continues in a state of rest unless it is Compelled to change by forces impressed upon it.” Isaac Newton, First Law of Motion.

Read 2 Corinthians 3.18

\_\_\_\_\_ is part of being a follower of Christ Jesus. We as believers are constantly being \_\_\_\_\_ or \_\_\_\_\_ to become more like him.

### **1. Allow the Holy Spirit to show you where you \_\_\_\_\_ to make Changes**

Read Romans 8.27

Application: **You need to be \_\_\_\_\_ for your life.**

Avoid seeing yourself as a \_\_\_\_\_. This will help you focus on the positive and not the negative.

### **2. \_\_\_\_\_ are Gifts from God we all need.**

Read 1 Corinthians 12.6-7

Application: **Focus on what you can do to make any situation \_\_\_\_\_.**

This means using your gifts as a \_\_\_\_\_ force while not \_\_\_\_\_ on what others are or are not doing.

### **3. Do not \_\_\_\_\_ change, be \_\_\_\_\_ not to change**

Read 2 Timothy 1.7

Application: **Take Charge of your \_\_\_\_\_**

Ask the Lord to help you when you do not \_\_\_\_\_ and are \_\_\_\_\_ of what is happening in your life.

### **4. You are not to Change \_\_\_\_\_, God has made us one.**

Read 1 Corinthians 12.24-25

Application: **Don’t be afraid to ask for \_\_\_\_\_.**

**Learn how to give and receive \_\_\_\_\_.**

The reason we are not all the same is we all have different \_\_\_\_\_ in the body of Christ.

### **5. Change is not always what we want, so either we \_\_\_\_\_ or \_\_\_\_\_**

Read Acts 26.2-3

Application: **View life as an \_\_\_\_\_ to represent God.**

You need to \_\_\_\_\_ yourself for the unexpected and embrace such situations as openings given you by God.

### **6. Going through change makes you a \_\_\_\_\_ Believer.**

Read 1 Peter 5.10

Application: **Be open to \_\_\_\_\_ one new thing everyday.**

This will make you a \_\_\_\_\_ believer and better prepare you for what is coming next in life.