

*But you, O LORD, are a shield around me,  
my glory, and the one who lifts up my head.  
I cry aloud to the LORD,  
and he answers me from his holy hill.*  
My Prayer:



*I lie down and sleep;  
I wake again, for the LORD sustains me.  
I am not afraid of ten thousands of people  
who have set themselves against me all around.*  
My Prayer:

*I lie down and sleep;  
I wake again, for the LORD sustains me.  
I am not afraid of ten thousands of people  
who have set themselves against me all around.*  
My Prayer

Amen



### *Psalm 3*

O LORD, how many are my foes!  
Many are rising against me;  
many are saying to me,  
“There is no help for you in God.” Selah

But you, O LORD, are a shield around me,  
my glory, and the one who lifts up my head.  
I cry aloud to the LORD,  
and he answers me from his holy hill. Selah

I lie down and sleep;  
I wake again, for the LORD sustains me.  
I am not afraid of ten thousands of people  
who have set themselves against me all around.  
Rise up, O LORD!  
Deliver me, O my God!  
For you strike all my enemies on the cheek;  
you break the teeth of the wicked.  
Deliverance belongs to the LORD;  
may your blessing be on your people! Selah

### They may be \_\_\_\_\_

- ◆ Lord, How many are my \_\_\_\_\_
- ◆ “Daddy, there are \_\_\_\_\_ under my bed.”

### They are really \_\_\_\_\_

- ◆ I \_\_\_\_\_ aloud
- ◆ “Daddy, I \_\_\_\_\_ you! I am scared they might get me.”

### They make me \_\_\_\_\_ for you

- ◆ He \_\_\_\_\_ me
- ◆ “It’s Okay, I’m here. I was just in the next room, ready to \_\_\_\_\_ when you call. I won’t let any monsters get you.”

### They \_\_\_\_\_ stop me

- ◆ I lie down and \_\_\_\_\_
- ◆ “Will you leave the door open a bit so I know you can \_\_\_\_\_ me?”

### They will not \_\_\_\_\_ my life

- ◆ I will not \_\_\_\_\_
- ◆ “Since you are \_\_\_\_\_, I don’t need to be afraid”

### \_\_\_\_\_’s = \_\_\_\_\_EALLY \_\_\_\_\_WFUL \_\_\_\_\_HOUGHTS

- ◆ \_\_\_\_\_ : Boss, co-worker, layoffs
- ◆ \_\_\_\_\_ : The top 13
- ◆ \_\_\_\_\_ : You, Spouse, Child, Parent
- ◆ \_\_\_\_\_ : Spouse, Child, Parent, neighbor, church member
- ◆ \_\_\_\_\_ : Failure, Alone, Unknown

### \_\_\_\_\_ = BAD PLANNING

- ◆ Procrastination is the act of \_\_\_\_\_ or \_\_\_\_\_ a task or set of tasks.\*

- ◆ Procrastination is the state of acting \_\_\_\_\_ your better judgment.\*
- ◆ Procrastination is the failure to \_\_\_\_\_ and \_\_\_\_\_ on \_\_\_\_\_ goals designed to \_\_\_\_\_ the problem. BHIII
- ◆ Procrastination is asking God to \_\_\_\_\_ a problem you are \_\_\_\_\_ to deal with yourself.

### \_\_\_\_\_UALLY = \_\_\_\_\_ ON YOUR EMOTIONS

- ◆ O \_\_\_\_\_ , how many are my foes!
- ◆ “Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened.”
- ◆ \_\_\_\_\_UALLY \_\_\_\_\_ is you want answers/solutions.
- ◆ \_\_\_\_\_UALLY \_\_\_\_\_ if you want tangible results.
- ◆ \_\_\_\_\_UALLY \_\_\_\_\_ if you want a path to follow.
- ◆ \_\_\_\_\_UALLY Asking, Searching, Knocking is the cure for \_\_\_\_\_

### PSALM 3 PRAYING ABOUT THE MONSTER UNDER **YOUR** BED

O LORD, how many are my foes!  
 Many are rising against me;  
 many are saying to me,  
 “There is no help for you in God.”



My Prayer: