

Sonrise Church

Olympia, Washington

Bob Highlands III—Pastor

Office Phone: 360-754-7167

2805 BOULEVARD ROAD SE OLYMPIA, WA 98501

Adult Sunday School every Sun. at 9 a.m.

Children's Sunday School during Morning Message

July 18—Women in the Word

Meet at 10 a.m. Fellowship building

July 19, 2026



July 25 - Men's Bible Study

Meet at 9 a.m. in the Fellowship Building.

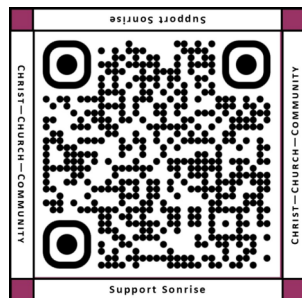
Leadership Team TUESDAY Aug. 11 @ 4:30 p.m.

You can help Support
Sonrise Church

Directions are available

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<http://sonrisechurch.faith/giving.html>



LUKE 18.9-14

Then Jesus told this story to some who had great confidence in their own righteousness and scorned everyone else:

"Two men went to the Temple to pray. One was a Pharisee, and the other was a despised tax collector.

The Pharisee stood by himself and prayed this prayer:

'I thank you, God, that I am not a sinner like everyone else. For I don't cheat, I don't sin, and I don't commit adultery. I'm certainly not like that tax collector! I fast twice a week, and I give you a tenth of my income.'

"But the tax collector stood at a distance and dared not even lift his eyes to heaven as he prayed. Instead, he beat his chest in sorrow, saying,

'O God, be merciful to me, for I am a sinner.'

I tell you, this sinner, not the Pharisee, returned home **Justified Before God**. For those who exalt themselves will be humbled, and those who humble themselves will be exalted."

Lk. 18.9-14

ACTS Prayer Guide

- ◆ _____ : Where we enter Holy Space to commune with the one true God.
- ◆ _____ : Where we name and take personal responsibility for our faults and sins.
- ◆ _____ : Where we express gratitude for all God has done for us, and all God is going to do for us.
- ◆ _____ : Where we ask for guidance, healing and comfort from God.



- ◆ ADORATION: Where we enter Holy Space to commune with the one true God.
- ◆ Two men went to the _____ to _____ .
- ◆ One was a PHARISEE. (Religious)
- ◆ “The PHARISEE stood and was PRAYING this to _____ ...” NASB
- ◆ One was a _____ TAX COLLECTOR.
- ◆ “O _____ ... The fact that he recognized God put him far ahead of the religious Pharisee who thought he was God because of the way he lived and treated others.



Journal 3 Week TWO

A Humbled Heart

Chronological Bible Date OCT. 21

What to watch for this week.

These are included to help get you started with your devotional each day.

1. **(Sun)** This week, watch for the way Jesus responds to the different people he meets. What can you learn about dealing with each type of person?
2. **(Mon)** Watch for the attitudes of the two men as they prayed. What did each of them expect to get from God? How were their prayers each answered?
3. **(Tue)** Watch for the way the Pharisees tried to trap Jesus using scripture. How is Jesus' response a smart way to deal with 'religious' people?
4. **(Wed)** Watch for the reason Moses permitted people to divorce. According to Jesus, what is the real problem with divorce, and what are its results?
5. **(Thu)** Watch how Jesus responds to the people. How is his response different for the children than it is for his disciples? Why?
6. **(Fri)** Watch for the way the young man has tried to please God and gain his favor. Why were his actions not enough? When he left, how did Jesus respond?
7. **(Sat)** Watch for the rewards believers can expect to receive for serving Jesus. What one item from yesterday's reading is different and surprising? Why, as believers, do we need to know we will also receive this for serving Jesus? © 2026 Bob Highlands III

Psalm 100

A psalm of thanksgiving.

- 1 Shout with joy to the LORD, all the earth!
- 2 Worship the LORD with gladness.
Come before him, singing with joy.
- 3 Acknowledge that the LORD is God!
He made us, and we are his.
We are his people, the sheep of his pasture.
- 4 Enter his gates with thanksgiving;
go into his courts with praise.
Give thanks to him and praise his name.
- 5 For the LORD is good.
His unfailing love continues forever,
and his faithfulness continues to each generation.

Circle all the ways a person can be thankful.

Put a box around the ways a person can worship.

Underline all words that refer to God.

Double underline all actions words.

1. What is the key theme of verses 1 & 2?
2. What is the key theme of verse 3?
3. What is the key theme of verse 4?
4. What is the key theme of verse 5?



- ◆ CONFESSION: Where we name and take personal responsibility for our faults and sins.
- ◆ Pharisee: For ____ don't cheat, ____ don't sin, and ____ don't commit adultery. _____ certainly not like that tax collector!
- ◆ Tax Collector: "standing SOME DISTANCE _____, was even unwilling to lift up his eyes to heaven,"
- ◆ The words that change everything for a person when they are shared with Jesus: _____ am a sinner.'

THANKSGIVING

- ◆ THANKSGIVING: Where we express gratitude for all God has done for us, and all God is going to do for us.
- ◆ PHARISEE: 'I thank you, God, that I am _____ a sinner like everyone else.
- ◆ He put _____ FIRST, what a mistake...
- ◆ Tax Collector: He was just getting started and with his prayer he would have plenty to be thankful for in the _____ .
- ◆ Psalm 100 & 136 helps us understand Thanksgiving.

SUPPLICATION

- ◆ SUPPLICATION: Where we ask for guidance, healing, and comfort from God.
- ◆ **PHARISEE:** _____ fast twice a week, and _____ give you a tenth of my income.'
- ◆ He did not need God's help He was taking care of everything himself and wanted the world to know how useful he was to God.
- ◆ **Tax Collector:** "O _____, be merciful to me..." (Repent)
- ◆ God wants us to _____ (ask, seek, knock) when we pray to Him. Matthew 7.7-8



JUSTIFIED (INNOCENT)

- ◆ There are those confident in their own RIGHTEOUSNESS who SCORNE everyone else.
- ◆ The SINNER (Tax Collector) returned home _____ (innocent & forgiven) BEFORE GOD
- ◆ The PHARISEE was not set free and faced a final _____ with God.
- ◆ The _____ will be _____
- ◆ Self _____ will be _____
- ◆ Choose carefully where you sit and how you view others.

ACTS PRAYER GUIDE

- ◆ **ADORATION:** _____ enter Holy Space to commune with the one true God.
- ◆ **CONFESSION:** _____ name and take personal responsibility for our faults and sins.
- ◆ **THANKSGIVING:** _____ express gratitude for all God has done for us, and all God is going to do for us.
- ◆ **SUPPLICATION:** _____ ask for guidance, healing and comfort from God

ACTS PRAYER GUIDE

A: God, we come here before you today. We declare our church, our homes, wherever we are today, to be your temple where we meet and acknowledge you as Lord over our lives.

C: God, we too often come up short. We too often need to ask for forgiveness. We sell you short, and we fill our lives with worry and fear, and we don't have a reason except that we don't trust you enough. We confess our lacking faith and pray for your strength in our daily lives.

T: Thank you today for your gifts and your answer to our prayers. Thank you for this opportunity to share in your word, to learn about your son, and to experience your Holy Spirit. Thank you that "YOUR LOVE ENDURES FOREVER."

S: God, the needs are many, but they are fewer than the answers you are prepared to share with us. For our physical needs, for our financial guidance, for our spiritual strength, and for our emotional well-being, we pray and acknowledge all you are about to do for each of us. In Jesus name we pray AMEN