



C.A.L.M.

Rejoice in the Lord always; again I will say, rejoice! Let your gentle spirit be known to all men. The Lord is near. Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things. The things you have learned and received and heard and seen in me, practice these things, and the God of peace will be with you.

Philippians 4.4-9 NASB



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C ELEBRATE God's Goodness

A SK God for help

L EAVE your concerns with Him

M EDITATE on good things

All Scripture is breathed out by God and is useful and teaches us to do what is right. ^{2 Timothy 3.16}

C.A.L.M. scriptures to help you .

Philippians 4.6-9, Psalm 56.3, Isaiah 41.10,

2 Timothy 1.7, Joshua 1.9, Psalm 34.18.

Proverbs 12.25, Colossians 3.15,

Psalm 29.11 , Psalm 23.4

Sonrise Church—Olympia WA

<http://sonrisechurch.com>



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