



## July & August ELEMENTARY CHRISTIANITY

An eight week study for a better foundation.

### Sonrise Church—Upcoming Events

Women in the Word

Bible Study Saturday

July 20, at 10 a.m.

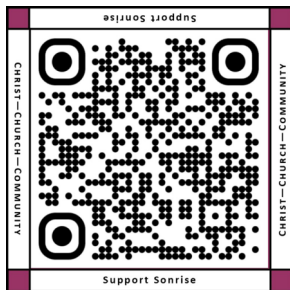
Hawaiian Sunday POTLUCK

July 21

Men's Bible Study Saturday

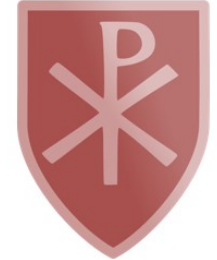
July 27, 9. a.m.

## You can help Support Sonrise Church



# SIT, WALK & STAND

*Discovering the Power of Positional Spirituality*



The Book of Ephesians  
Part 4 of 5  
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### Have you seen the CHURCH ?

- ◆ As members of the CHURCH we are the:
  - ◇ \_\_\_\_\_ - He is the HEAD and we are the PARTS (Eph. 1.22-23)
  - ◇ \_\_\_\_\_ - Where God's Spirit comes to LIVE (Eph. 2.19-22)
  - ◇ \_\_\_\_\_ - by BIRTH (Eph. 3.14-15)
  - ◇ \_\_\_\_\_ - Without SPOT or WRINKLE (Eph. 5.25-27)
  - ◇ \_\_\_\_\_ - Wearing the FULL ARMOR (Eph. 6.10-18)

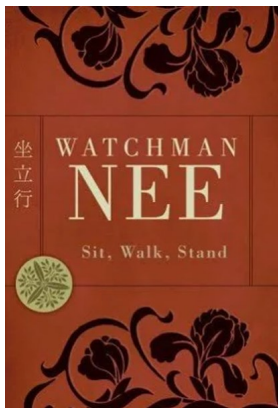
### Have you seen the KINGDOM ?

1. \_\_\_\_\_ or Spiritual Kingdom of God.
2. \_\_\_\_\_ or King Jesus on His throne in Heaven
3. \_\_\_\_\_ or People born From Above

Directions are available @ <http://sonrisechurch.com/giving.html>

## Have you taken PERSONAL RESPONSIBILITY for your life as a believer ?

- ◆ You were \_\_\_\_\_ the truth
- 1. You are Either a **GENTILE** or \_\_\_\_\_
  - ◇ Choose which \_\_\_\_\_ you will go.
- 2. Put off the \_\_\_\_\_ self and put on the \_\_\_\_\_ self
  - ◇ Making personal \_\_\_\_\_ on how to live.
- 3. Your life is Either **CORRUPT** & \_\_\_\_\_ or **RIGHTEOUS** and \_\_\_\_\_ .
- 4. The **DO NOT** list is about choosing.
  - ◇ Choosing to \_\_\_\_\_ and \_\_\_\_\_ .



### Sit, Walk & Stand

◆ Now may the God of peace Himself sanctify you entirely; and may your \_\_\_\_\_ and \_\_\_\_\_ and \_\_\_\_\_ be preserved complete, without blame at the coming of our Lord Jesus Christ.

1 Thessalonians 5.23

- ◆ We are **Trichotomous** or **Tripartite** being having \_\_\_\_\_ and being made in the image of God.
- ◆ \_\_\_\_\_ = BODY - MIND (soul) - SPIRIT
- ◆ We serve a triune God or the \_\_\_\_\_
- ◆ \_\_\_\_\_ = FATHER - SON - HOLY SPIRIT
- ◆ To see ourselves in **PARTS** is to understand the **WHOLE** of who we are and what we are to do with life.



We are citizens of heaven serving as ambassadors here on earth. Our lives are different in the way we rest (sit), our witness (walk), and our battle against evil (stand).

**Monday:** From the following verses what do we learn about our rest in God? Hebrews 4.1-3; Matthew 11.28-30; Philippians 4.6-7; Jeremiah 30.10.

**Tuesday:** From the following verses what do we learn about our witness or walk before the world? 1 John 1.3; Mark 16.15; John 15.5 & 16; Romans 10.14; Acts 26.18

**Wednesday:** From the following verses what do we learn about our stand against evil? Psalm 91.1-16

**Thursday:** After the death of John the Baptist, Jesus said to the disciples, "Come away by yourselves to a desolate place and rest a while.' For many were coming and going, and they had no leisure even to eat." (Mark 6:31-32, italics mine) How does Jesus show the believer to enter rest and refresh in the world? How would this help a person Physically? Spiritually? Mentally?

**Friday:** What do the following teach us about how and why to stand against evil? Zechariah 4.6; John 10.10; 1 Corinthians 15.57; Ephesians 6.11-12; 2 Thessalonians 3.3; 1 Peter 5.8.

**BONUS:** Read 1 Thessalonians 2.1-12 Find the following six elements of a willingness to share with others the good news of the coming of Jesus to save and led us.

1. *A Desire to share the good news of Jesus*
2. *A Calling of God to touch other lives.*
3. *A Desire to please God with our lives.*
4. *A Deep felt love for the lost.*
5. *A Drive to share without personal rewards or fame.*
6. *A Desire to help others be set free and find new life.*

## Declare Whose Side You Are On

- ◆ \_\_\_\_\_ therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to PROCLAIM the gospel of peace. Ephesians 6:14-15

## The Mature Christian Believer must learn to:

1. \_\_\_\_\_: REST in the presence of Christ as part of your daily experience.
2. \_\_\_\_\_: BEFORE the world as Christ Witness of the possibility of a changed life.
3. \_\_\_\_\_: AGAINST the enemy as part of the Army of God.

## As A Believer You ARE

- ◆ a \_\_\_\_\_ of the CHURCH
  - ◆ a \_\_\_\_\_ of the KINGDOM
  - ◆ a \_\_\_\_\_ of GOD
- 
- ◆ So \_\_\_\_\_ down with Jesus and rest in his perfect peace.
  - ◆ So \_\_\_\_\_ as your witness before the world.
  - ◆ So \_\_\_\_\_ as a soldier of God against the wickedness of evil.



## We are called to \_\_\_\_\_ and rest with Christ

## The Position of Christ

- ◆ God put this power to work in Christ when he raised him from the dead and \_\_\_\_\_ him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. Ephesians 1.17-21 NRSV

## Just STAY Seated

- ◆ ...by grace you have been saved– and Raised us up with him and \_\_\_\_\_ us with him in the Heavenly Places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his GRACE in kindness toward us in Christ Jesus. Ephesians 2. 5-7 NRSV
- ◆ \_\_\_\_\_ is what God does for us - not what we do for ourselves.
- ◆ \_\_\_\_\_ places us as close to Jesus as possible.
- ◆ \_\_\_\_\_ is in the present and the future.
- ◆ \_\_\_\_\_ is about the RICHES of his GRACE



**We are called to  
as our Witness**



**Walk in shoes Given You by God**

- ◆ For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would \_\_\_\_\_ in them. Eph. 2.10

**Walk Like you know where you are \_\_\_\_\_,  
Because you do!**

- ◆ Therefore I, the prisoner of the Lord, implore you to \_\_\_\_\_ in a manner worthy of the calling with which you have been called, Eph. 4.1

**Learn to Walk Differently**

- ◆ So this I say, and affirm together with the Lord, that you \_\_\_\_\_ no longer just as the Gentiles also \_\_\_\_\_, Eph. 4.17

**Walk in His Love**

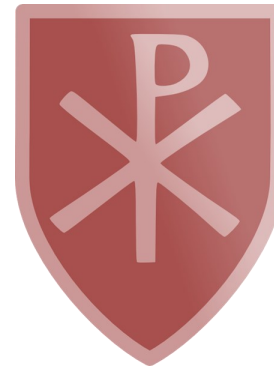
- ◆ Therefore be \_\_\_\_\_ of God, as beloved children; and \_\_\_\_\_ in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma. Eph. 5.1-2

**Walk Sharing the Light**

- ◆ \_\_\_\_\_ as children of Light Eph. 5.8

**Decide How You Will Walk**

- ◆ Therefore be careful how you \_\_\_\_\_, not as unwise men but as wise, making the most of your time, because the days are evil. Eph. 5.15-16



**We Are Called to \_\_\_\_\_  
against the enemy**

**You must be FULLY equipped  
for a SPIRITUAL Battle**

- ◆ \_\_\_\_\_ Finally, be strong in the Lord and in the strength of his power. Put on the WHOLE armor of God, so that you may be able to \_\_\_\_\_ against the wiles of the devil. Ephesians 6:10-11

**You must be FIRMLY Planted**

- ◆ Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to \_\_\_\_\_ firm. Ephesians 6:13