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Adult Sunday School every Sun. at 9 a.m.

Children's Sunday School during Morning Message

February 28, 2026 Men's Bible Study

Meet at 9 a.m. in the Fellowship Building.

We will be covering Chapter one—NOAH in the Study Guide.

March 1, 2026 Seeking Jesus

9 a.m. Fellowship Building, Monthly update and help class.

March 14—Leadership TEAM

Meet at 9 a.m. Fellowship building

Marach 21—Women in the Word

Meet at 10 a.m. Fellowship building

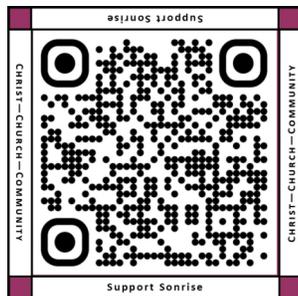
We will be covering chapters 3 in the study guide.

You can help Support Sonrise Church

Directions are available

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<http://sonrisechurch.faith/giving.html>



The Real World

Afterward Jesus returned to Jerusalem for one of the Jewish holy days. Inside the city, near the Sheep Gate, was the pool of Bethesda, with five covered porches.

- ◆ We live in a religious world: Feast of the Jews
 - ◇ Religions do not _____ : There are only _____ sides.
- ◆ Our history is often lost: The Sheep Gate
 - ◇ Freedom _____ Religion has become Freedom _____ Religion
- ◆ The traffic circle of life: Pool with five colonnades
 - ◇ Life is complicated, busy, and always changing while _____ you to constantly make adjustments.



Problems we Live With

Crowds of sick people—blind, lame, or paralyzed—lay on the porches.

- ◆ _____ : Physical Problems Mt. 6.25-27
 - ◇ **HEALTH:** What _____ you?
- ◆ _____ : Treasure Problems Mt. 6.33-34
 - ◇ **HAPPINESS:** Who _____ your directions?
- ◆ _____ : Spiritual Problems Mt. 6.24
 - ◇ **WEALTH:** What do you think you _____ ?

Seeking Jesus

Journal 1 Week EIGHT

The Sabbath Question

Chronological Bible Date OCT. 1

What to watch for this week.

These are included to help get you started with your devotional each day.

1. **(Sun)** Watch for all the events that happened on the Jewish Sabbath. This includes both positive and negative.
2. **(Mon)** Watch for the details given here about the sick man. Why did it take Jesus so long to get around to healing this man?
3. **(Tue)** Watch for what Jesus tells us about Himself. What do we learn about eternal life and eternal judgment?
4. **(Wed)** Watch for how Jesus rejects empty praise. What does Jesus offer as proof of who he really is?
5. **(Thu)** Watch how Jesus outsmarts his enemies. How would you describe this technique?
6. **(Fri)** Watch for how Jesus turns the tables on those who attack him. Why would this make them so very mad at him that they wanted him dead?
7. **(Sat)** Watch for the way Isaiah spoke about the ministry of Jesus. How does this prophecy help us understand how Jesus dealt with evil people?



Choosing the Path Of Life

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.” Matthew 11.28-30 NRSV

1. _____ to **ME** – Make Jesus the priority.
2. _____ & carrying **HEAVY** _____ – The _____ of life that overpower us.
3. I will give you _____ – The _____ of trusting HIM.
4. Take my _____ and learn from me – _____ your burdens with HIM. He has the answers you need.
5. I am _____ and humble of heart – His _____ replaces our weakness.
6. You will find _____ for your **SOULS** – You must make the choice to walk in the _____ way to find this rest.
7. His _____ is easy & _____ is **LIGHT** – Life with _____ .

Looking in the wrong Places

waiting for a certain movement of the water, [4] for an angel of the Lord came from time to time and stirred up the water. And the first person to step in after the water was stirred was healed of whatever disease he had.

- ◆ _____ the crowd: they (he was not alone)
 - ◇ People find comfort in sharing in common problems & circumstances.
- ◆ _____ on the wrong answer; waited for (together)
 - ◇ The enemy wants people to look anywhere except to Jesus for their answers.
- ◆ _____ the odds: the first person into the pool (luck)
 - ◇ Without God’s help the odds are stacked against you.

Confronted with Truth

One of the men lying there had been sick for thirty-eight years. When Jesus saw him and knew he had been ill for a long time, he asked him, "Would you like to get well?"

- ◆ Right _____: Thirty-eight YEARS!!!
 - ◇ The answer had to come to him.
 - ◇ The answer is available NOW without waiting
- ◆ Right _____: Jesus saw him
 - ◇ This is why we are told to GO into the world!
- ◆ Right ‘ _____ ’ Do you want to get WELL?
 - ◇ We can share the opportunity, but we cannot make the choices for them

The Wrong Line

"I can't, sir," the sick man said, "for I have no one to put me into the pool when the water bubbles up. Someone else always gets there ahead of me."

- ◆ Blame _____ else
 - ◇ I have no one to help
- ◆ Blame the _____
 - ◇ when the water is stirred
- ◆ Blame the _____ you are in
 - ◇ someone ahead of me



There is always an Answer!

Jesus told him, "Stand up, pick up your mat, and walk!"
Instantly, the man was healed! He rolled up his sleeping mat and began walking!

- ◆ Get up - Happiness
 - ◇ SPIRITUAL Changes :
 - ◇ Where are you _____ for life directions?
- ◆ Pick up – Wealth
 - ◇ MENTAL Changes
 - ◇ What is _____ your life.

- ◆ Walk - Health
 - ◇ PHYSICAL Changes
 - ◇ What are you _____ to do next.



There are always Critics...

But this miracle happened on the Sabbath, so the Jewish leaders objected.

- ◆ _____ this Miracle HAPPENED
 - ◇ Life made a dramatic change for the better
 - ◇ _____ , there are always negatives
- ◆ On the _____
 - ◇ The day God planned for man to _____ was now used to enslave them to religious traditions.
- ◆ So the Jewish Leaders _____
 - ◇ They were so distracted by the external rules of man that they _____ the presence of God.